

# YOGA RHYTHM BOOM

**Take your students  
on a healthy lifestyles  
& wellness journey!**

A synergy of yoga, Latin dance  
and rhythm melodies using  
BoomWhackers®

Up to 125 students in English and Spanish

Students learn wellness principals for  
sustainable health and nutrition

- Positive eating and exercise habits
- Diabetes and obesity awareness
- Mental, emotional and physical  
balance—let the journey begin!



**For video clips and  
information, visit  
[www.newworldsynergy.com](http://www.newworldsynergy.com)**

Dan Egger-Belandria  
720-280-4784  
[dan@newworldsynergy.com](mailto:dan@newworldsynergy.com)